



# The ORIENT EXPRESS



THE NEWSLETTER OF THE ROYAL NORFOLK & SUFFOLK YACHT CLUB

## MESSAGE FROM THE ADMIRAL

From my vantage, I consider you have a first class team running the club, with each Member giving expertise and enthusiasm to the many tasks in hand. It has been a real pleasure seeing them operate as a team and the amount achieved, is a testament, to their approach in what is a very challenging financial climate.

We are highly dependent on our Marina both for Members and crucially visitors arriving by boat. The successful installation of new piles, a deep dredge, showers that really work, overhauled pressure system, a new cleaning regime, along with ventilation and heating systems that are operable have made the visitor experience more enjoyable; not forgetting the rather expensive but necessary re-pointing of our perimeter wall.

Thanks to the work of our current and previous Commodores, our Club has never looked so good and together with the changes above we all have a Club we can be really proud of.

The Social Committee have worked hard and successfully, to make our club, very good value for money and coupled with the sterling work of the Marine Activities Committee there is a genuine buzz in the Club.

Any organisation is only as good as the people who work within it and we are fortunate that our staff are enthusiastic, cheerful and friendly. I am proud to be your Admiral and to be working with such a great team.

**Tim Barrett - Admiral**



New Troika Gate steps

## COMMODORE'S COMMENTS

It was fantastic to see so many Members, their guests and visiting yachtsmen at the Reception at the beginning of Sea Week. The Club was looking at its best – dressed overall and a Marina full of boats. For the first time in twenty six years we had Squibs as well as BOD's competing for the Sea Week trophies. A very successful Sea Week both on and off the water – the Social events were well attended and great fun- the Summer Ball was a huge success, slightly overshadowed by the amazing Children's Pirate and Princess Party. A big thank you to Katie, Jock and Avril assisted by a group of parents and grandparents.

So much has happened this Summer. We have had a visit from a large fleet of Toerzeilers, June Regatta and the Troika-gate Project opening by Mrs Mary Anderson. In July in conjunction with the Great Yarmouth Yacht Club we hosted the Friendship Regatta of the International 12's. A truly international regatta with competitors from the Netherlands, Switzerland, Austria, Eire and Norfolk.

Mike and I were invited along with other local Commodores to the Club Supper in Wroxham Week by the Norfolk Broads Yacht Club on a lovely summer evening. We joined the Toerzeilers at their Prize Giving Supper and the Great Yarmouth Yacht Club at the International 12's Reception and Regatta Dinner. The Great Yarmouth Yacht Club also invited us to join them at the Members Grand Opening of their clubhouse.

As my year as Commodore is fast approaching its end, I would like to take this opportunity to thank everyone who has supported me. The Trustees, Admiral, Fellow Flag Officers and Members of the Management and other Committees support have been invaluable. The Club Staff have, as always, been hardworking and loyal. With the support of the Management Committee and my family I have agreed to stand as Commodore again for another year.

I look forward to seeing Members at the Club at Social Events or just for coffee. I am at the Club regularly and in particular, on Saturday mornings, if you wish to have a chat.

**Ruth Davies – Commodore**

## **A COMPETITOR'S VIEW OF THE INTERNATIONAL 12 REGATTA.**

I learnt to sail in a 12' Lugsail dinghy called Mido at Coldham Hall, Surlingham, and spent most of my childhood weekends either sailing her, rowing her, fishing from her or exploring in her. So when Mark Duffield asked whether I would like to sail his International 12 ' lugsail dinghy, Inshallah, in the Regatta at RNSYC, of course I jumped at the chance.

Inshallah was just like Mido, open, clinker built, copper riveted and with a heavy rudder. The only difference was that the boom had jaws and the gaff had to be pulled from one side to the other every time you tacked. I had a quick practice on the Broad the week before and found her quite a handful in a brisk force 3 to 4, especially the timing of the tacking and pulling the gaff round at the same time. Single handed she would be tricky on the sea, but I was confident that with Mark's work colleague and friend Paul, we would be fine.

I thought Inshallah looked like a piece of furniture until I saw the competition. The boats from Holland were immaculate and gleaming in the sun. There were several ladies helming, and most boats were being sailed single handed. However, I knew Inshallah had a good track record, so what could stop us from getting a good result in home waters? I was still confident as I sailed to the start in just 4-5 knots of wind and a strong flooding tide. Others were down tide already. My first start into the tide was the best of the fleet, on the line going well.....but sadly, I peaked too soon. From then on I was overtaken to windward and leeward and on all points of sailing until in each race, I was counting from the back!

Ashore, I made friends with the other Dutch ladies, who were all delightful and I gradually eked out some tips from them. Paul and I got better at roll tacking and keeping the boat moving, we sat right back and our best race on day 2 was a 13<sup>th</sup>, with a feeling that at last we were keeping up with the others.

Day 3 was a good Force 3, Paul had other commitments so I needed a second up. I took a Dutch lady and we made a good team. We were aiming to beat Mark, who on equal points, was just ahead on countback for first local boat! I was up for it and at last feeling enough wind in the sails to remember sailing on Surlingham Broad in Mido. But sadly, the leading Dutch sailors decided to call it a day, worrying about the increasing waves and tide and the possibility of a disaster spoiling the weekend.

It was a great weekend, I loved the sailing despite the poor results, I loved the boat and the competition, the sea was at its kindest and we all made lots of friends. I hope that I get another chance to prove my undoubted potential (?)......well, at least I have served two days of what my Dutch friends were calling a two year apprenticeship! I was invited to sail in Holland at Whitsun, so perhaps I will have another go.

**Jenny Riley**



Close racing for International 12's

## **MARINA COMMITTEE**

The Troika Gate project was opened on 11<sup>th</sup> June by Mary Anderson, the widow of Dr Ian Anderson, past Admiral and Commodore of the Club, who raced his Dragon Troika at the club. A new lamp at the top of the steps will be installed shortly.

The new pontoons are proving to be a great success and one of the first yachts to moor at the Troika Gate was an Oyster 56!

'Skylark' has required attention recently as one of the VHF radios died, together with its aerial – both suffering from old age. The original anchor winch then came out in sympathy and died just before Sea Week and was replaced – again old age. Then, as disasters go in 3's, the 15 year old race electronic timer failed and has now been replaced.

The new fuel pump and tank are proving worthwhile with fuel being dispensed more quickly and sales are up to 10,000 litres a week.

Tony Knights is keeping the Club informed of the Lowestoft Flood Defence Scheme and has already spent a considerable number of hours meeting with various officials and writing reports. His professional expertise is invaluable to ensure that satisfactory plans are in place for the benefit the Club.

**Kingsley Farrington Chair Marina Committee**

## SEA WEEK

Twenty six Broads One Designs battled each other throughout an exciting Sea Week. In the morning series there were four different race winners in the five races sailed, showing how tricky and differing the conditions were each day. Morning race winners were Stu Rix, Jimmy Tubby, Sam Cole and Mark Oakes. In the afternoons the race wins were shared by three sailors, Ian Timms, Richard Dell and Stu Rix. Sailing conditions varied from three reefs and storm jibs on one day to full sails on another.

The Broads One Designs were joined in the afternoons by three Squibs. Bryan and Jenny Riley winning the series from Richard Sullivan and Robert Mann.

### Results

#### Morning Series

1. Smew - Stu Rix
2. Marsh Harrier - Jimmy Tubby
3. Ibis - Matthew Thwaites

#### Afternoon Series

1. Swallow - Ian Timms
2. Solan - Richard Dell
3. Ibis - Matthew Thwaites

#### Squibs

1. Brimstone - Bryan Riley
2. Croc - Richard Sullivan
3. State of the Harte - Richard Mann



Sea Week 2016

## SUMMER OPENING HOURS

Bar Service: Mon – Fri 12:00 to 14:30; 18:00 to 22:30  
Sat 11:00 to 23:00 Sunday 12:00 to 22:00  
Food Service: Mon – Fri 12:00 to 14:00; 18:30 to 21:00  
Sat 12:00 to 14:30; 18:30 to 21:00  
Sunday 12:00 to 14:00 to 18:30 to 21:00  
Breakfast available Fri, Sat, Sun 8:30 to 11:00

## CLUB WEBSITE

[www.rnsyc.net](http://www.rnsyc.net)

The Club has been developing the website to provide up to date information for Members, Sailors, Cruising Members and Marina Visitors. You will find the latest sailing results, Social Events, pictures, latest menus and much more. The weather live and webcam let you see conditions at the club. We are also keeping you informed through our Facebook page of the latest news. We are looking for help to keep the website updated and relevant so if you fancy a challenge please let us know.

## CRUISE IN COMPANY

**Friday 9<sup>th</sup> – Sunday 18<sup>th</sup> September**

**(weather permitting)**

There is a proposed cruise from Lowestoft to the Shotley/Ipswich area then according to wind and weather on to Bradwell, Tollesbury and any other suggested Marinas.

This will be a light-hearted 'end of season' cruise to (hopefully) get more cruising organized for 2017.

It is hoped that as many yachts and motor boats as possible will join the cruise.

For further information and to register your interest please ring Kingsley Farrington on 01603 720817 or e-mail [jkf76@btinternet.com](mailto:jkf76@btinternet.com)



Fitting the new pontoons

## **FORTHCOMING SOCIAL EVENTS**

### **AUGUST BANK HOLIDAY WEEKEND (27th & 28th August)**

#### **MINI BEER FESTIVAL**

A selection of local and national ales will be available during the weekend along with a variety of activities to take part in including Skittles, Giant Jenga, Dominos, Table Tennis, Boules.

#### **VISIT TO SCROBY SANDS (Sunday subject to Weather)**

Scroby Sands is only accessible at low tide and when the terns are not nesting, so this is a special event not to be missed. Bring your boat, family & friends, play cricket, football, or just see the seals

Meet under the awning at 10:30 for briefing

Access to Scroby from approximately 12:15

Change of clothes and life jacket recommended.

#### **AUTUMN WINE & FOOD TASTER EVENING**

**Friday 16th September 19:00 for 19:30**  
**Limited spaces available**

Adnams Wine guru Simon Richards will be giving his expert thoughts on a selection of Wines from around the World. Starting with a sparkling wine then three whites and three reds. Each wine will be accompanied by a complimenting taster dish. £25 per person. Wines will also be available to purchase at a 10% discount off shop prices.

Dress Code - Smart Casual

#### **CLUB TALK**

##### **TALL SHIPS WITH JOSHUA GRACE**

**Friday 7th October**

The RN&SYC was pleased to contribute towards the sponsorship of local school pupil Joshua Grace, allowing him to take part in a Tall Ships event for young, disadvantaged people. He will be talking about his experiences and sharing his photos with us. Supper available from 18:30. Talk to commence at 19.45.

#### **BOOK YOUR SPECIAL EVENT NOW!**

If you are looking to organise a special event in 2017 (Birthday, Anniversary, Wedding, Corporate etc) please contact the Club Office to book that special date. Don't forget that you can book your accommodation too!

## **REGULAR CLUB EVENTS**

### **BRIDGE CLUB / CLASSES**

Thursdays 14:00

All levels of Bridge enthusiasts welcome, classes available for beginners, £3.00 per person including Tea, Coffee and Cake. Please register your interest with the Club Office

### **BOOK CLUB**

Enjoy lively literary discussion over coffee and cake, 10:30 until 12:00. All Members welcome. Copies of the current book can be borrowed from the Club Office. First Thursday of each month unless otherwise notified  
Next date:- Thursday 1st September discussing 'Disclaimer' by Renee Knight

### **QUIZ NIGHT**

Third Wednesday of the month starting at 8pm. Come along and join a group or bring your own team!

## **DATES FOR THE DIARY**

Friday 30<sup>th</sup> September Club Lunch (Two Course)

Friday 21st October Club Lunch (Two Course)

Saturday 22nd October Trafalgar Night

Friday 28th October Lift Out

Saturday 5th November Laying Up Supper

Thursday 10th November Ladies Morning-  
Talk on Pearls / Jewellery by Maria Pennington

Friday 18th November Norfolk 'Troshin' Night  
Local Fare and comedy with Pat Nearney & Dan Platton

Friday 25th November Club Lunch (Two Course)

Sunday 11th December Christmas Luncheon  
Children's Christmas Party

Saturday 17th December Christmas Dinner

Saturday 31st December New Years Eve with vocalist  
Kristie Read

