

This Regatta leaflet is an invitation to all members of
other Yacht Clubs to join
Royal Norfolk & Suffolk Yacht Club for
SEA WEEK
and any of the *Open Sailing and
Social events listed below



Royal Norfolk & Suffolk
Yacht Club

PROGRAMME OF EVENTS

Sea Week

incorporating
the weekend prior and after

FORTHCOMING REGATTA & OPEN EVENTS

Inclusive of sailing and social events for all the
family and friends

DINGHY & FAMILY ACTIVITY WEEKEND

Saturday 7th & Sunday 8th August

***JAVELIN EAST COAST CHAMPIONSHIPS**

Saturday 28th – Monday 30th August

***LAKE LOTHING REGATTA AFTERNOON
BBQ & JAZZ**

Sunday 12th September

Saturday 10 – Saturday 17 July 2010

Social & Catering

Saturday 10th July

- **Supper from the Specials Board**

Sunday 11th July

- **Jazz and Afternoon Tea on the Lawn from 15.00**

- **The Broads One Design Club 110th Anniversary & Commodore's Sea Week Reception 18.00**

- **Supper 19.15**

£12.50 "Smart Yachting"

Monday 12th July

- **Dixieland Chicken, Rib & Quiz Evening**

2 courses £12.50 19.00 for 19.45 Quiz at 21.00

Tuesday 13th July

- **Sam's Speciality Fish Night**

with John Ward and Mario to entertain

Available from 19.00 £12.50 (£5.00 Music only)

Wednesday 14th July

- **Commodores Dinner**

£18.00 (3 course) 19.00 for 19.45

Summer Best Yachting

Thursday 15th July

- **Moroccan Night**

Themed Menu available from 19.00 £12.50 (2 course)

Friday 16th July

- **Caribbean Night**

West Indian Steel Band with Marks Hog Roast and Tropical Feast

Available from 19.00 £20.00

Raffle & Prizes for Best Tropical Shirt & Best Dressed Lady

Available daily:

Breakfast from 08.00; Buffet Lunch or Mark's Homemade Burgers;
Tea and cake in the afternoon

Sailing Programme

Saturday 10th July

CLUB RACING (including BOD Nicholson Cup)

14.10	Squibs	NN9
14.20	Broads One Designs	Z
14.30	Allcomers Handicap	NP4

Sunday 11th July

INSHORE CHALLENGE (incl BOD George Brooks Trophy)

Challenge by 08.45 ▪ 09.30 Briefing ▪ 10.50 Start

Monday 12th July to Friday 16th July

SEA WEEK

Morning series	09.30	Briefing	Flag
	10.30	Dinghy Handicap	NP6
	10.40	Squibs	NN9
	10.50	Broads One Designs	Z
	11.00	Allcomers Handicap	NP4
Afternoon series	14.00	Dinghy Handicap	NP6
	14.10	Squibs	NN9
	14.20	Broads One Designs	Z
	14.30	Allcomers Handicap	NP4

Saturday 17th July

CLUB CHALLENGE & ALLCOMERS HANDICAP

09.15	Club Challenge Safety Scrutiny
09.30	Briefing
10.50	Club Challenge Start
14.00	Allcomers Handicap

Entry fees	All fees to be paid at the Office prior to racing
Sailing Instructions	Will be given to all competitors at registration
Tide Times	Available from www.rnsyc.net
Prize giving	Approx one hour after the conclusion of racing

See Back Page for other forthcoming sailing and social events